

# Module specification

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Module code	PHY511
Module title	Care of People with Complex Conditions
Level	5
Credit value	20
Faculty	Social and life sciences
HECoS Code	100252
Cost Code	GAPT

# Programmes in which module to be offered

Programme title	Is the module core or option for this	
	programme	
BSc (Hons) Physiotherapy	Core	

## **Pre-requisites**

Building Physiotherapy Practice One and Building Physiotherapy Practice Two are prerequisites for this Management of the Complex Patient Module.

## Breakdown of module hours

Learning and teaching hours	45 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	<b>45</b> hrs
Placement / work based learning	0 hrs
Guided independent study	155 hrs
Module duration (total hours)	<b>200</b> hrs

For office use only	
Initial approval date	3/8/22
With effect from date	Sept 23
Date and details of	AM2 approved by APSC Mtg 7, replacing PHY505
revision	
Version number	1



This module is designed to enable students to develop their critical thinking and clinical reasoning in specialist conditions with complex presentations. This module will encourage students to adapt and modify physiotherapy management for service users who present with a spectrum of integrated social and health conditions, reflecting the complexity of contemporary healthcare practice.

## Module Learning Outcomes - at the end of this module, students will be able to:

1	Evaluate the collaboration of the inter-professional and multi-agency working throughout the patient journey for the care of service users with complex needs.
2	Formulate strategies for Physiotherapy intervention to meet the needs for service users with complex presentations throughout the patient journey.
3	Evaluate the evidence base in treating specialist conditions in contemporary Physiotherapy practice within health and social care policy and procedure.
4	Discuss and evaluate the appropriate modification and adaptation of Physiotherapy intervention for treating service users with co-morbidities and complex social factors.

### Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Students will undertake a viva based on a self-chosen complex case study with the option of a patient encountered on placement or a case created by the Physiotherapy Programme team. They will present the assessment, treatment, evaluation and plan for the patient followed with a discussion about the clinical scenario and physiotherapy intervention. Students will submit there presentation which will include a reference list of evidence informing their plan.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1-4	Oral Assessment	100%



## **Derogations**

Students are permitted a maximum of two attempts in any modules

All learning outcomes must be passed at a satisfactory descriptor level, therefore a minimum mark of 40% must be achieved.

## **Learning and Teaching Strategies**

The delivery of this module will consist of lectures, interactive classroom sessions, group and personal tutorials.

A flipped classroom approach will be used to move the learning of essential content such as normal anatomy and dysfunction so that application can be transparently consolidated.

All learning and teaching is supported by the University's virtual learning environment Moodle and students will be able to access clear and timely information to support delivery of content such as videos, links to intranet information, open forums and pre-recorded lectures.

## **Indicative Syllabus Outline**

This module draws together a range of specialist conditions and complex conditions that the student will encounter in practice. It will also equip the students with the skills necessary to evaluate conditions they may not have practically encountered previously, using the assessment and treatment skills acquired at Level 4 to support a problem solving approach to safely develop a physiotherapy intervention in these unfamiliar settings and presentations.

The module will build the student's ability to construct a treatment plan with the modifications and adaptations that take into account service users with complex presentations and comorbidities. This will lay the foundations to build upon in the two placements at Level 6. Motivational interviewing will be practiced as MI as a conversational style is most effective with people who are 'complex' in terms of their readiness and contemplation for change.

Students will develop their ability to contribute to the inter-professional team/multi agency working, developing their communication skills to propose alternative strategies for patient management.

Placement 2 is timed mid-way through the module so that this lived experience from practice placement can be used to facilitate the second block of teaching in this module in reflective practise and support a rich discussion.

The module will be based around a number of challenging case studies that bring together Person, Place and Presentation and students will be expected to lead their self-directed learning to maximise the learning opportunities in the taught content.

'People' to be considered will be;

- Women's Health
- End of Life



- Mental Health
- Learning Disability
- Paediatrics
- Amputees
- Frail elderly

### Places to be considered;

- Tertiary
- Home
- Public Health
- Community
- Hospice
- Nursing homes
- Sports & Leisure
- Community Centres
- Supported Living
- Schools

#### Presentations to be considered:

- Palliative Care
- Burns & Plastics
- Rheumatology
- Amputees
- Hydrotherapy
- Co-morbidities
- Long term conditions
- Spinal injuries

# Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

#### **Essential Reads**

Ainslie, T. (2012), The Concise Guide to Physiotherapy Volume 1 Assessment, Churchill Livingstone

Ainslie, T. (2012), The Concise Guide to Physiotherapy Volume 2 Treatment, Churchill Livingstone



CSP (2019), *Code of Members' Professional Values and Behaviour*, CSP: London. Available online <a href="https://www.csp.org.uk/publications/code-members-professional-values-behaviour">https://www.csp.org.uk/publications/code-members-professional-values-behaviour</a>

Higgs, J., Jensen., Loftus, S. and Christensen, N. (2019,) Clinical Reasoning in the Health Professions, 4th Ed. Edinburgh: Elsevier

Naidoo J. and Wills J. (2011), Developing practice for public health and health promotion, 3rd ed. Bailliere Tindall (e-book).

Oelfsfen, N. (2012), Developing Reflective Practice: A Guide for Students and Practitioners of Health and Social Care, Lantern Publishing Limited

Rollnick S., Miller W. and Butler C. (2008), Motivational Interviewing in Health Care: helping Patients Change Behaviour, Guilford Press (e-book).

Thomas, J., Pollard, K. and Sellman, D. (2014), Interprofessional Working in Health and Social Care: Professional Perspectives, 2nd ed. Palgrave Macmillan

## Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

#### **Core Attributes**

Engaged
Enterprising
Creative
Ethical

#### **Kev Attitudes**

Commitment Curiosity Resilience Confidence Adaptability

#### **Practical Skillsets**

Digital Fluency
Organisation
Leadership and Team working
Critical Thinking
Emotional Intelligence
Communication